

## **Allen ISD Employee Physical Performance Test**

Driver	Monitor		Date	
	Annual	Return to I	Outy	
Employee Name:				
Employer:Allen	ISDTransportati	on		
Tester, please make standards. If a time "fail" for each stand	d test is not complet	ed, enter "DNC" (di	id not complete). C	Check "pass" or
Standard #1 - Bus step	os.	Time	Pass	_ Fail
Measurement: With har	nd on rail, climb a	nd descend bus ste	ps 3 times in 30 s	seconds.
Standard #2 - Emerge	ency Door	Time	Pass	Fail
Measurement: Sit in se exit and open the door. (Note: 30 seconds)	eat with seatbelt or	n, release belt, exit	the bus and proc	eed (walk) to the nearest
Standard #3 - Lower a	and lift		Pass	Fail
	_	rom floor-level em nis.) Also: <b>DO NO</b>		ground (Take your time,
Standard #4 - Brake p	edals.		Pass	Fail
Measurement: Depress	and hold brake pe	dal a minimum of	3 seconds, 5 cons	secutive times.
Instructor: Say "press	" count 3 second	s, Say "release". R	Lepeat 5 times.	
Standard #5 - Acceler	ator to brake. Ti	me	Pass Fa	ii
Measurement: Alternate (Note to Instructor: Str	•			

## Standard #6 - Hand Controls - Bus driver only

Measurement: Operate 2 hand controls one on each side of steering wheel on a bus moving 5 MPH. Entire test must be done in 8 seconds or less. Instructor will identify which controls to use.

Instructions: Once the bus has reached 5 MPH, with both hands on the steering wheel, turn on right control, return hand to wheel, turn off right control, and return hand to wheel. Repeat for left hand. As soon as the driver's right hand leaves the steering wheel, the time begins. The clock stops when the left hand returns to the steering wheel.

(Note to instructor: This method may differ from the DPS recommendations that the test be timed in its <u>entirety</u> rather than in individual segments. Be **certain** driver **completely understands** the instructions <u>before</u> the test has begun.)

Right Side Conti	ol #1				
Control Name: _	_Fan				
<b>Left Side Contro</b>	l #2				
Control Name: _	_Ambers	Time	Pass	Fail	
Standard #7 - En	nergency Exit.	Time	Pass	_ Fail	
Rean (Note: Instructor	arting in a seat belted pelease seat belt, walk (and slide out within 20 stand at rear of the driver's feet touch	(DO NOT RUN) to econds.  bus and say "GO",	side exit with a d	oor, <b>open</b> the door,	SIT
Standard #8 – Spring Air Break			Pass	Fail	
Demonstrate how	to release the air on th	ne door and pop the a	air brake.		
Standard #9- We	eight Drag	Time	Pass	Fail	
	rag a 100 pound objec and keep the bag mov		nds. Use a quarter	crouch, use small st	eps
	th the Allen ISD Emp		rith knowledge of	his/her duties I cer	tify
(E	mployee Signature)				
	all 9 standards and <b>is</b> q i <b>fied</b> by the physical po			standards.	
(Instructor Sign	nature)		(Instruc	tor Signature)	

Current employees that fail will have a 7 day grace period in which to re-take the test. Maximum time to take the test will be two times.

\*\* If employee fails test, he or she will not be employed by the Allen ISD Transportation Department.

7/1/2010